

Meat Loaf

Taunya McAllister Wilson

1½ lbs. Ground Beef
¾ C. Milk
2 or 3 Slices of Bread, Dried and Crumbled
½ tsp. Pepper
2 Eggs
Chopped Onion to Taste
1 tsp. Salt

Topping:

2 Tbsp. Brown Sugar¼ C. Catsup1 tsp. Mustard

Mix ingredients well and bake. For topping, Mix sugar, mustard and catsup and spread over top and return to oven for 10 minutes. (Cool before serving.)

Bake at 350° for 1 hour and 15 minutes in a Loaf Pan.