



Jam Muffins

Sharon Sue Syrone

- 2 C. Sifted Flour
- ¼ C. Sugar
- 1 Tbsp. Baking Powder
- ½ tsp. Salt
- 1 Egg (beaten)
- 1 C. Milk
- ¼ C. Oil or melted Crisco
- Your favorite Jam

Sift flour with sugar, baking powder, and salt into mixing bowl. Combine egg, milk, shortening. Make a well in center of dry ingredients and add liquid ingredients all at once, mixing only until all dry particles are moist. Fill well-grease muffin tin half full. Then make a slight depression to fill with ½ teaspoon of jam. And bake at 400°F for 20 minutes.